

15th National Forum of Occupational Medicine & 2nd Lisbon International Forum on Occupational Health

21 to 23 November 2019, Culturgest Main Auditorium (Lisbon)

“OCCUPATIONAL HEALTH BENEFITS FOR THE PUBLIC HEALTH”

Scientific Programme (provisory)

Honorary Committee

President of the Republic
Minister of Health *
Minister of Labour, Solidarity and Social Security
President of the Portuguese Medical Association

Scientific Committee

António de Sousa Uva
António Jorge Ferreira
Carla Viegas
Edna Ribeiro
Ema Sacadura Leite
Ferreira Leal
Isabel Antunes
Joana Belo
M. Fátima Lopes
Mário Miranda
Nuno Esguelha
Rita Gameiro
Rui Miguel Silva
Susana Viegas
Teresa Cotrim

Institutional Support

Directorate-General of Health
Portuguese Medical Association
National School of Public Health
Portuguese Federation of Medical Scientific Societies
Lisbon Society of Medical Sciences
Portuguese Occupational Safety and Health Society
Portuguese Society of Pulmonology
Portuguese Society of Travel Medicine
Portuguese Association of Skin Cancer
Portuguese Association of Ergonomics
Portuguese Association of Nutrition
National Association of Public Health Physicians
Portuguese Association of Addiction Medicine
Spanish Association of Occupational Medicine
Specialists
Spanish Society of Occupational Health and Safety

* To be confirmed.

Scientific Organization

Sociedade Portuguesa de Medicina do Trabalho
Public Interest Entity - Despacho nº 9568/2019, 23 October 2019
(*Diário da República*, 2ª Série, nº 204, Parte C, p.20)

Organizing Committee

Élia Amaral
Jorge Barroso Dias (President)
Maria da Luz Moreira
Maria de Lurdes Teixeira
Paula Rosa
Rita Gameiro
Teresa Galhardo

SPMT Secretarial Staff

Bruno Haines
Sociedade Portuguesa de Medicina do Trabalho
Rua Tobis Portuguesa, n.º 8 - 1.º andar
Escritório n.º 4, 1750-292 Lisboa, Portugal
Phone: +351 96 38 28 440
E-mail: spmt@spmtrabalho.org
SPMT website: www.spmtrabalho.org

15th FNMT & 2nd LIFOH Secretarial Staff

Catarina Carmelo / Sofia Santos

Eventos by T

Rua João da Silva, n.º 4 C, 1900-271 Lisboa, Portugal
Phone: +351 211 316 527
E-mail: spmt@eventosbyt.pt

15th FNMT & 2nd LIFOH website:

<https://eventosbyt.eventges.pt/site/15forumspmmt>

Institutional Sponsor



Caixa Geral de Depósitos

Instituição Bancária Oficial do
15.º Fórum Nacional de Medicina do Trabalho



**21-11-2019 (Thursday) – MAIN AUDITORIUM
MORNING**

08.30 REGISTRATION

09.00 OPENING SESSION

09.15 PLENARY SESSION: **WORK AND AGING: WORK AND ITS CONDITIONS ALSO HAVE TO CHANGE!**

António de Sousa Uva, Full Professor of Occupational Health at the National School of Public Health (Lisbon NOVA University), Occupational Health physician

09.45 ROUND TABLE: **THE NATIONAL PROGRAMME OF OCCUPATIONAL HEALTH**

Chair: Teresa Galhardo, Vice-President of the SPMT, Occupational Health physician

THE NATIONAL PROGRAMME OF OCCUPATIONAL HEALTH

José Rocha Nogueira, Coordinator of the National Programme of Occupational Health (DGS)

CHEMICAL AGENTS: CARCINOGENIC, MUTAGENIC OR TOXIC FOR THE REPRODUCTION

Sandra Moreira, Coordination Team of the National Programme of Occupational Health (DGS), Senior Work Safety Technician

11.00 - 11.30 COFFEE BREAK

11.30 SOLEMN SESSION: **THE PUBLIC INTEREST OF OCCUPATIONAL HEALTH**

“The Declaration of Public Interest of the Portuguese Society of Occupational Medicine”

Jorge Barroso Dias, President of the Board of the Portuguese Society of Occupational Medicine

“Implementation of Occupational Health and Safety services for the workers of Public Administration”

José Couto, Secretary of State of Public Administration

Video-message “The Public Interest of scientific societies declared by the SEPCM”

André Moz Caldas, Secretary of State of the Council of Ministers Presidency

“The workplace impact of chronic diseases: specific aspects of rheumatologic diseases”

Luís Cunha Miranda, President of the Board of the Portuguese Federation of Medical Scientific Societies, Rheumatologist and Occupational Health physician

Other confirmed official presences at the Solemn Session:

Dr José Rocha Nogueira, Coordinator of the National Programme of Occupational Health (DGS), in representation of the Director-General of Health, Dr Graça Freitas

Dr Carlos Jorge Pereira, Director of the Services for the Promotion of Health and Safety of the Authority for Labour Conditions (ACT)

Dr Ferreira Leal, President of the Directive Council of the Occupational Medicine Speciality College of the Portuguese Medical Association

Dr Manuel Cardoso, General-Subdirector of the General-Directorate for Intervention on Addictive Behaviours and Dependencies (SICAD)

Dr Rodrigo Abreu, in representation of the Board of the Portuguese Association of Nutrition

Dr Claudina Nogueira, Vice-President for Scientific Committees of the ICOH (International Commission on Occupational Health)

Prof Carla Nunes, Director of the National School of Public Health of the Lisbon NOVA University

12.30 - 14.00 LUNCH

Note: All the sessions of this day will be in Portuguese and will be followed by discussion and Q&A.

** to be confirmed*

PARALLEL SESSIONS – MAIN AUDITORIUM FOYER

11.00 - 11.30 Book launch and signing session: **“Saúde Ocupacional: o trabalho ou o trabalhador como principal alvo da sua ação?”** by António de Sousa Uva, Full Professor of Occupational Health at the National School of Public Health (Lisbon NOVA University), Occupational Health physician

**21-11-2019 (Thursday) – MAIN AUDITORIUM
AFTERNOON**

14.00 PRESENTATION OF FREE ORAL COMMUNICATIONS (Part 1)

Chair: Rita Gameiro, *Coordinator of the Scientific Committee, Occupational Health physician*

14.30 ROUND TABLE: TRAINING AND PRACTICE IN OCCUPATIONAL MEDICINE

Chair: Jorge Barroso Dias, *President of the Board of the SPMT, Occupational Health physician*

POSTGRADUATE TRAINING IN PORTUGAL: PRESENT AND FUTURE

Ferreira Leal, *President of the Directive Council of the Occupational Medicine Speciality College of the Portuguese Medical Association (CEMT/OM), Occupational Health physician*

TRAINING COORDINATION: THE SPECIALTY AND THE MEDICAL CAREER OF OCCUPATIONAL MEDICINE IN PORTUGAL

Mário Miranda, *President of the National Jury and President of the Training Coordination of the CEMT/OM, Occupational Health physician*

TRANSITORY PERMITS FOR THE PRACTICE OF OCCUPATIONAL MEDICINE

José Rocha Nogueira, *Coordinator of the National Programme of Occupational Health (DGS)*

DISCUSSION PANEL:

Isabel Antunes, *Member of the CEMT/OM for Medical Postgraduate Training matters*

Carlos Jorge Pereira, *Director of the Services for the Promotion of Health and Safety of the ACT*

*Representative of the Postgraduate Trainees of the Speciality in the National Commission of the Medical Postgraduate Training (CNIM) **

16.00 - 16.30 COFFEE BREAK [see PARALLEL SESSIONS]

16.30 ROUND TABLE: MANAGEMENT OF OCCUPATIONAL DISEASES

Chair: Maria Teresa Afonso, *WRMSD Work Commission of the SPMT, Occupational Health physician*

OCCUPATIONAL DISEASES: NATIONAL OUTPUTS

Nuno Esguelha, *Department of Protection against the Professional Hazards (DPRP), Occupational Health physician*

THE HUMAN RESOURCES PERSPECTIVE

Cristina Pinho, *Director of the Occupational Health, Hygiene and Safety Department of the Human Resources Municipal Directorate of Lisbon City Hall*

THE OCCUPATIONAL MEDICINE PHYSICIAN PERSPECTIVE

M. Fátima Lopes, *WRMSD Work Commission of the SPMT, Occupational Health physician*

18.30 CLOSING

Note: All the sessions of this day will be in Portuguese and will be followed by discussion and Q&A.

** to be confirmed*

PARALLEL SESSIONS – MAIN AUDITORIUM FOYER, MEETING ROOMS 1 and 2

16.00 - 16.30 POSTERS PRESENTATION (Part 1)

Chairs: **Maria da Luz Moreira**, *Member of the Board of the SPMT, Occupational Health physician*
Paula Rosa, *Member of the Board of the SPMT, Occupational Health physician*

18.00 - 18.30 POSTERS PRESENTATION (Part 2)

Chairs: **Maria da Luz Moreira**, *Member of the Board of the SPMT, Occupational Health physician*
Paula Rosa, *Member of the Board of the SPMT, Occupational Health physician*
Rita Gameiro, *Coordinator of the Scientific Committee, Occupational Health physician*

**22-11-2019 (Friday) – MAIN AUDITORIUM
MORNING**

09.00 PRESENTATION OF FREE ORAL COMMUNICATIONS (Part 2)

Chair: Ema Sacadura Leite, Director of the Occupational Health Service of the Central University Hospital of Northern Lisbon; Professor at the ENSP/UNL and at the FMUL, Occupational Health physician

10.00 DISCUSSION PANEL: COMPLEMENTARITY OF THE MULTIDISCIPLINARY TEAM IN OCCUPATIONAL HEALTH (PART 1)

Panel on the good practices of each field, presented by renowned professionals and commented by institutional representatives of the same field.

Chair: Élia Amaral, Treasurer of the Board of the SPMT, Occupational Health physician

WORK SAFETY:

“Individual Hazard Data Sheet”, Maria José Grosso, Work Safety Senior Technician (Novotipo Europa, SA)

Commented by A. Sérgio Miguel, President of the Board of the Portuguese Occupational Safety and Health Society

ERGONOMICS:

“Ergonomic risk assessment of the musculoskeletal disorders in workers of the National Institute of Medical Emergency”, Constança Davison, Ergonomics Laboratory of the Faculty of Human Kinetics (FMH/ULisboa)

Commented by Teresa Cotrim, Auxiliary Professor of Ergonomics at the Ergonomics Autonomous Section of the FMH/ULisboa

ENVIRONMENTAL HEALTH:

“Environmental Microbiology – Relevance of the intervention in Occupational Health”, Carla Viegas, Professor of Environmental Health at the Lisbon School of Health Technology (ESTeSL/IPL)

Commented by Ana Monteiro, Director of the Environmental Health Graduate Course of the ESTeSL/IPL

11.00 - 11.30 COFFEE BREAK [see PARALLEL SESSIONS]

11.30 DISCUSSION PANEL: COMPLEMENTARITY OF THE MULTIDISCIPLINARY TEAM IN OCCUPATIONAL HEALTH (PART 2)

Chair: Rita Gameiro, Coordinator of the Scientific Committee, Occupational Health physician

OCCUPATIONAL HEALTH NURSING:

“The implementation of good practices in the occupational health team – the role of the occupational health nurse”, Olinda Pires, Occupational Health Nurse

Commented by Amélia Simões Figueiredo, Auxiliary Professor, Nursing School (Lisbon), Health Sciences Institute, Portuguesa Catholic University

CARDIOPULMONOLOGY:

“Occupational Respiratory Diseases: contributions from Cardiopulmonology”, Joana Belo, Graduate in Cardiopulmonology and Assistant Professor at the ESTeSL/IPL

Commented by Nuno Costa, President of the Board of the Portuguese National Association of Cardiopulmonologists, Cardiopulmonologist

PSYCHOLOGY:

“Preventive Mental Health Exam in the health surveillance of Lisbon City Hall workers”, Raquel Barnabé, Coordinator of the Psychology Department of the DSHS/Lisbon City Hall

Commented by Teresa Espassandim, Member of the Board of the National Directorate of the Portuguese Psychologists Association

OCCUPATIONAL MEDICINE:

“Multilevel Prevention Protocol in Occupational Health – a multidisciplinary approach”, Jorge Barroso Dias, President of the Board of the SPMT, Occupational Health physician

Commented by Ferreira Leal, President of the Directive Council of the CEMT/OM, Occupational Health physician

Note: All the sessions of this day will be in Portuguese and will be followed by discussion and Q&A.

** to be confirmed*

PARALLEL SESSIONS – MEETING ROOM 1

11.00 - 11.30 POSTERS PRESENTATION (Part 3)

Chairs: Maria de Lurdes Teixeira, Member of the Board of the SPMT, Occupational Health physician
Maria da Luz Moreira, Member of the Board of the SPMT, Occupational Health physician
Teresa Galhardo, Vice-President of the Board of the SPMT, Occupational Health physician



**22-11-2019 (Friday) – MAIN AUDITORIUM
AFTERNOON**

14.00 ROUND TABLE: WORK ACCIDENTS

Chair: *Maria de Lurdes Teixeira, Secretary of the Board of the SPMT, Occupational Health physician*

ACCIDENT DATA OUTPUTS IN PORTUGAL

Carlos Jorge Pereira, Director of the Services for the Promotion of Health and Safety of the ACT

THE INSURANCE COMPANY PERSPECTIVE

Maria Beatriz Cardoso, Solicitor and Responsible for the Personal and Work Accidents Litigation Department of the Fidelidade insurance company

RETURN TO WORK WITH PARTIAL DISABILITY

Rui Miguel Silva, Medical Expert of the National Institute of Forensic Medicine and Sciences, Occupational Health physician

15.30 SATELLITE SYMPOSIUM: MIGRAINE IN THE WORKPLACE

PART I – MIGRAINE, A PUBLIC HEALTH PROBLEM

THE DISEASE, THERAPEUTIC BREAKTHROUGHS, DAILY MANAGEMENT AND RESEARCH IN THE WORKPLACE

Raquel Gil Gouveia, Neurologist and researcher in the Migraine field

PART II – OPEN DISCUSSION: TESTIMONIES, PROBLEMS AND CHALLENGES IN THE MIGRAINE MANAGEMENT

Chair: *Raquel Gil Gouveia, Neurologist and researcher in the Migraine field*

MiGRA PORTUGAL (Portuguese Association of Patients with Migraines and Cephealeas)

Madalena Plácido, President of the MiGRA Portugal

QUESTIONS, ANSWERS AND DISCUSSION OPEN TO THE PARTICIPANTS

[Satellite Symposium and Coffee Break – Exclusive sponsorship NOVARTIS]

16.15 - 16.45 COFFEE BREAK [see PARALLEL SESSIONS]

16.45 ROUND TABLE: THE GENERAL DATA PROTECTION REGULATION IN OCCUPATIONAL HEALTH

Chair: *Jorge Barroso Dias, President of the Board of the SPMT, Occupational Health physician*

GDPR: FITNESS FOR WORK FORMS, CLINICAL FILES, CLINICAL ARCHIVES...

Isabel Cristina Cruz, Secretary of the National Commission for the Protection of Data (CNPd)

17.45 CLOSING SESSION

Note: All the sessions of this day will be in Portuguese and will be followed by discussion and Q&A.

** to be confirmed.*

PARALLEL SESSIONS – MEETING ROOMS 1 and 2

16.15 - 16.45 POSTERS PRESENTATION (Part 4)

Chairs: *Élia Amaral, Treasurer of the Board of the SPMT, Occupational Health physician*

Rita Gameiro, Coordinator of the Scientific Committee, Occupational Health physician

FORUM DINNER

20h00 – Restaurante Dom Alimado (Júpiter Lisboa Hotel)

For more information see the Social Programme in the page before last of this Programme.

23-11-2019 (Saturday) – MAIN AUDITORIUM
MORNING

2nd Lisbon International Forum on Occupational Health

“OCCUPATIONAL HEALTH BENEFITS FOR THE PUBLIC HEALTH”

09.00 am REGISTRATION

09.15 am OPENING SESSION

09.30 am PART 1 – THE GLOBAL PERSPECTIVE

International institutions and organizations are invited to address the benefits of Occupational Health for the workers' health and for the Public Health on a worldwide scale.

Chair: Jorge Barroso Dias, *President of the Portuguese Society of Occupational Medicine, Master's degree in Health Management with specialty in Clinical Management, Occupational Health Physician*

VIDEO-MESSAGE “Occupational Health Benefits for the Public Health”

Stephen A. Frangos, *President of the ACOEM (American College of Occupational and Environmental Medicine), Regional Medical Manager for North and South America at Chevron Corporation in Houston, Texas, USA*

“Lessons from the International Commission on Occupational Health (ICOH)”

Claudina Nogueira, *Vice-President for Scientific Committees of the ICOH (International Commission on Occupational Health) for Scientific Committees, Occupational Health Consultant and Project Manager at the University of Pretoria - Faculty of Health Sciences (South Africa), Board Member of the international organization “Workplace Health Without Borders”, South Africa*

“The ILO and a changing landscape on Occupational Safety and Health”

Joaquim Pintado Nunes, *Chief of the Labour Administration, Labour Inspection and Occupational Safety and Health Branch (LABADMIN/OSH) of the International Labour Organization, Portugal*

“The UEMS outlook on the global perspective”

Alenka Škerjanc, *President of the Section of Occupational Medicine of the UEMS (European Union of Medical Specialists), MD PhD, Specialist in Occupational Medicine, Slovenia*

11:00 am - 11.30 am COFFEE BREAK

11.30 am PART 2 – THE OCCUPATIONAL HEALTH PRACTICE IN EUROPE

European institutions and organizations are invited to address the benefits of Occupational Health for the workers' health and for the Public Health on a European scale, with a special focus on the UEMS (European Union of Medical Specialists) recommendations and guidelines.

Chair: Jorge Barroso Dias, *President of the Portuguese Society of Occupational Medicine, Master's degree in Health Management with specialty in Clinical Management, Occupational Health Physician*

“The Occupational Health Practice in Europe”

Alenka Škerjanc, *President of the Section of Occupational Medicine of the UEMS (European Union of Medical Specialists), MD PhD, Specialist in Occupational Medicine, Slovenia*

“Contributions of the Portuguese representation in the UEMS”

Pedro Gustavo Reis, *Representative of the Portuguese Medical Association in the UEMS, Occupational Health physician, Portugal*

“Contributions of the Spanish representation in the UEMS”

Maria Cruz Rodriguez Jareño, *Member of the Board of the SCSL (Catalan Society of Occupational Health, Spanish co-representative in the Section of Occupational Medicine of the UEMS), Spain*

1.00 pm - 2.15 pm LUNCH BREAK

Note: All the sessions of this day will be **in English** and will be followed by discussion and Q&A

** to be confirmed*

**23-11-2019 (Saturday) – MAIN AUDITORIUM
AFTERNOON**

02.15 pm PLENARY SESSION: BIOMONITORING IN OCCUPATIONAL HEALTH

“Human biomonitoring relevance in occupational exposure and risk assessment - a case-study on chromium hexavalent”

Susana Viegas, PhD in Public Health, Assistant Professor at the Environmental and Occupational Health Department of the National School of Public Health (Lisbon NOVA University), **Portugal**

“Bacterial Bioburden assessment and MRSA colonization in the context of occupational exposure in Portugal”

Edna Ribeiro, PhD in Biology, Adjunct Professor at the Lisbon School of Health Technology (ESTeSL/IPL), in the field of Clinical Analysis and Public Health (Microbiology, Parasitology, Haematology and Epigenetics), **Portugal**

“Human Biomonitoring - Why it is important when assessing occupational exposure to mycotoxins?”

Susana Viegas, PhD in Public Health, Assistant Professor at the Environmental and Occupational Health Department of the National School of Public Health (Lisbon NOVA University), **Portugal**

03.00 pm PART 3 – OCCUPATIONAL HEALTH IN THE IBERIAN PENINSULA

Portuguese and Spanish institutions and organizations are invited to address the benefits of Occupational Health for the workers' health and for the Public Health in the Iberian Peninsula.

Chair: Jorge Barroso Dias, President of the Portuguese Society of Occupational Medicine, Master's degree in Health Management with specialty in Clinical Management, Occupational Health Physician

“Occupational diseases. Spanish current situation.”

Alfonso Apellaniz, President of the SEMST (Sociedad Española de Medicina y Seguridad del Trabajo), Specialist in Occupational Medicine, Preventive Medicine and Public Health, Associate Professor at the Faculty of Medicine of the Basque Country University, **Spain**

“Strategies and actions in Occupational Medicine with impact on Public Health. The Andalusian Programme of Workplace Health Promotion (WHP)”

Juan Luis Cabanillas Moruno, Specialist in Occupational Medicine, Member of the Board of the AEEMT (Asociación Española de Especialistas en Medicina del Trabajo), Associate Professor, Faculty of Medicine, University of Seville, **Spain**

“Alcohol and other drugs at work”

Maria Cruz Rodriguez Jareño, Member of the Board of the SCSL (Catalan Society of Occupational Health, Spanish co-representative in the Section of Occupational Medicine of the UEMS), **Spain**

04.30 pm - 5.00 pm COFFEE BREAK

05.00 pm PART 4 – PROPOSALS FOR AN ACTION PLAN & FINAL MESSAGE

Contributions from the Speakers in the previous sessions.

06.00 pm CLOSING SESSION

Note: All the sessions of this day will be in English and will be followed by discussion and Q&A

** to be confirmed*



REGISTRATIONS

How to register

All registrations can be made at the event website (link below), where the methods of payment are also specified:

<https://eventosbyt.eventges.pt/site/15forumspmt>

Registration fees

REGISTRATION FOR 3 DAYS:

15th Forum & 2nd Lisbon International Forum

	SPMT Associate *		Non Associate	
	Normal	Trainee	Normal	Trainee
Until 13 September	160€	130€	200€	160€
From 14 September until 13 October	200€	160€	260€	210€
From 14 October until 13 November	250€	200€	320€	255€
Starting 14 November	300€	240€	380€	305€

REGISTRATION FOR 2 DAYS:

15th Forum

	SPMT Associate *		Non Associate	
	Normal	Trainee	Normal	Trainee
Until 13 September	120€	105€	150€	130€
From 14 September until 13 October	160€	135€	210€	180€
From 14 October until 13 November	200€	170€	260€	230€
Starting 14 November	240€	200€	300€	270€

REGISTRATION FOR 1 DAY:

15th Forum (21 or 22 November)

	SPMT Associate *		Non Associate	
	Normal	Trainee	Normal	Trainee
Until 13 September	80€	70€	105€	90€
From 14 September until 13 October	115€	95€	145€	125€
From 14 October until 13 November	140€	120€	180€	180€
Starting 14 November	170€	140€	210€	190€

REGISTRATION FOR 1 DAY:

2nd Lisbon International Forum (23 November)

	SPMT Associate *		Non Associate	
	Normal	Trainee	Normal	Trainee
Until 13 September	50€	55€	60€	55€
From 14 September until 13 October	60€	65€	70€	65€
From 14 October until 13 November	80€	85€	80€	75€
Starting 14 November	90€	95€	90€	85€

* Valid only for SPMT Associates with regularized membership fees (see below)

All rates also apply to ORAL COMMUNICATIONS and/or POSTERS presenters who have been approved by the Organization.

SPMT Associate registration fees are valid only after verification/confirmation of regularized membership fees up to 2018 (included). SPMT Associates elected in 2019 must have their Associate Certificate and 2019 Associate fee regularized, in order to benefit from the SPMT Associate registration fees.

Instructions on the validation of registrations

All registrations have a period of 7 working days to send proof of payment by e-mail (to spmt@eventosbyt.pt) after which the registration is considered invalid and will be cancelled.

SPMT Associate registration fees are valid only after verification/confirmation of regularized membership fees up to 2018 (included) or 2019 (for Associates elected in the current year).

Fees for registration as Trainee are only valid after proof of current attendance is sent by e-mail (to spmt@eventosbyt.pt). For this purpose, the following training categories are considered: Current attendance of Internships, Post-Graduate, Specialization, Masters and Doctorate Courses (from any academic area, not restricted to medical education).

All Proof of Attendance for Trainees must attest to the current attendance. Proof of attendance prior to the 2018/2019 school year or proof of completion of training will not be accepted.

Cancellations

No refunds are made for entries cancelled after 7 November 2019. Registrations cancelled before this date will be refunded 50% of the fee. In the case of SPMT Associates, the amount to be refunded may revert in favour of payment of outstanding or future membership fees.

Attendance Certificates

Registration and payment for the 15th Forum and/or the 2nd Lisbon International Forum does not, by itself, entitle you to obtain the Attendance Certificate.

Attendance Certificates are sent (by e-mail) only to participants who have checked-in personally at the Secretariat desk, after delivery of the respective identification badge, materials folder and e-mail address validation.

The identification badge and materials folder can only be collected by the participant himself, and it is not allowed to be handed to third parties (if necessary, the Secretariat may request the presentation of an identification document: Citizen Card or Professional Card).

Instructions valid simultaneously for the 15th Forum (21 and 22 November) and 2nd Lisbon International Forum (23 November).

PAPER SUBMISSION

Paper submission (abstracts for free communications: oral communications and posters) is made exclusively online, at the event website:

<https://eventosbyt.eventges.pt/site/15forumspmt>

To submit an abstract you have to register or login at the website mentioned above, where all the necessary instructions are available for the correct paper submission.

Note: Abstract submission is required both in Portuguese and English.

PAPER SUBMISSION DEADLINES

Deadline for Abstract Submission:

8 October 2019 at 23h59

Deadline for Evaluation by the Evaluating Committee

25 October 2019

Communication of the evaluation process to the Authors

31 October 2019

Deadline for Digital Posters Submission

15 November 2019 at 23h59

SOCIAL PROGRAMME

The **Forum Dinner** will take place on **Friday, 22 November 2019**, at **8 pm**, at the **Restaurante Dom Alimado**, located in the **Júpiter Lisboa Hotel**, subject to a previous registration and payment of **32,50 € (not included in the Forum registration fee)**.

Restaurante Dom Alimado

Jupiter Lisboa Hotel

Avenida da República, nº 46, 1050-195 Lisboa

GoogleMaps: <https://goo.gl/u1YP9h>

To make your registration for the Forum Dinner, you should send an e-mail to spmt@eventosbyt.pt with the name(s) of the person(s) that will attend the dinner and including in attachment the proof of payment, according to the recommendations that the event secretariat (**Eventos by T**) will make available at the event website or send by e-mail.

It is preferred that the Dinner registration/payment is made as soon as possible and no later than 1 pm of 22 November 2019 (to the maximum capacity of the restaurant).

Dinner registrations from non-participants in the Forum proceedings are allowed.

VENUE AND DIRECTIONS

CULTURGEST VENUE AND DIRECTIONS

Address: Rua Arco do Cego, Edifício Sede da CGD, Piso 1,
Lisboa, Portugal

Phone: +351 217 905 155

GPS: N 38° 44' 28,19"; W 9° 8' 33,36"

Subway: Campo Pequeno (Yellow Line)

Buses:

Campo Pequeno / Avenida de Berna: 756*

Campo Pequeno / Avenida da República: 727*, 736, 738, 744, 749*, 754* e 783

Praça de Londres: 722 e 767

Avenida de Roma: 735 e 767

* The 756 bus only runs on Saturday morning. On Saturdays, Sundays and Holidays the buses 727, 749 and 754 do not serve the Campo Pequeno area.

SPONSORS



Caixa Geral de Depósitos

Instituição Bancária Oficial do

15.º Fórum Nacional de Medicina do Trabalho



SOCIEDADE PORTUGUESA DE
MEDICINA DO TRABALHO
FUNDADA EM 1966

Institutional Support

Directorate-General of Health



Portuguese Medical Association



National School of Public Health



**Escola Nacional
de Saúde Pública**

UNIVERSIDADE NOVA DE LISBOA

Lisbon Society of Medical Sciences



Portuguese Federation of Medical Scientific Societies



Portuguese Occupational Safety and Health Society



Portuguese Society of Pulmonology



Portuguese Society of Travel Medicine



Portuguese Association of Skin Cancer



Portuguese Association of Ergonomics



Portuguese Association of Nutrition



National Association of Public Health Physicians



Portuguese Association of Addiction Medicine



Spanish Association of Occupational Medicine Specialists



Spanish Society of Occupational Health and Safety

